

Stay Safe!

Every year, more than 100,000 seniors in Ohio may be at risk to become seriously ill as the result of medication-related problems.*

Keeping an updated list of all of your medications and reviewing the list with your doctors and pharmacist(s) can help you avoid these problems.

This medication profile will help you:

- Keep track of your medications.
- Get the most benefit from your medications.
- Take an active role in your good health.
- Help prevent possible medication-related problems.

Medication Tips

Give your medications a checkup! Avoid unwanted side effects and get the most out of your medications by taking these steps:

- Gather all your current medications in your brown bag and show them to your doctors or pharmacist(s) to check for possible problems.
- Let your doctor know right away if you notice any new side effects.
- Keep this profile updated with ALL medications, no matter where you got them.

*Source: The Centers for Medicare & Medicaid Services, Medicare Part D Analytic Data, 7/01/07 to 12/31/07.

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My Doctors

Name _____

Specialty _____

Phone (_____) _____

Name _____

Specialty _____

Phone (_____) _____

Name _____

Specialty _____

Phone (_____) _____

Name _____

Specialty _____

Phone (_____) _____

Other Prescribers

(such as: eye doctor, dentist, nurse practitioner, chiropractor, etc.)

Name _____

Specialty _____

Phone (_____) _____

Name _____

Specialty _____

Phone (_____) _____

My Pharmacists

Name _____

Pharmacy _____

Phone (_____) _____

Name _____

Pharmacy _____

Phone (_____) _____

Name _____

Pharmacy _____

Phone (_____) _____

Name _____

Emergency Contact

Name _____

Relationship _____

Phone (_____) _____

My Medication Profile

Remember

It's safer to have ALL your prescriptions filled at ONE pharmacy!



Ohio's Medicare Quality Improvement Organization
Clinically driven. Client focused. Value based.
www.ohiokepro.com 1-800-589-7337

My Medication Profile



Stay Safe!

Use this Medication Profile to help protect your health.

How to Use

Bring this form with you every time you see your doctors or pharmacist(s), and work with your healthcare team to keep it updated with all your medications, including:

- Prescription medications
- Sample medications from doctors
- Over-the-counter medications (including sleep aids)
- Patches
- Topical ointments
- Vitamins and herbal supplements
- Eye drops